

Pre-Course Requirements

To meet the NZQA requirements for the minimum hours of training for the award of the unit standards in First Aid, you must present this completed Resource Pack quiz to your course facilitator.

I hereby attest that I have completed the Resource Pack as required- prior to attending my First Aid Course.

NAME: _____

SIGNED: _____ DATE: _____

Answer **TRUE** or **FALSE** to each of the following statements.

<u>STATEMENT</u>	<u>T or F</u>
The aim of First Aid is to preserve life and prevent harm	_____
Attending a First Aid course is part of the 'Chain of Survival'	_____
Early recognition is a key link of the 'Chain of Survival'	_____
In any First Aid emergency situation the first priority is to send for help	_____
In the DRSABCD, the 'A' means Ambulance	_____
CPR should be performed at a ratio of 25:5	_____
If a casualty is responsive, there is no need to call an ambulance	_____
Using an AED will increase the chance of survival	_____
"Always check for a pulse" is another of the 'General Cares'	_____
999 is the emergency number in New Zealand	_____
'What is your phone number' is a question you will be asked by a 111 operator	_____
When making a 111 call, you should not hang up until the operator tells you to	_____
The letters AED stand for 'Ambulance Emergency Device'	_____
Healthy eating and exercise can lower your risk of a Heart Attack	_____
Stroke cannot be prevented	_____
Stroke can affect all ages	_____
The NZ Poisons Centre is available 24 hours a day, 7 days a week	_____
People who have severe allergies should have an Anaphylaxis Management Plan	_____
Pain in the chest, shoulder or jaw could be a sign of a heart attack	_____

Remember to bring this with you to your course.