



Come to your Annual Health Check!

Health Checks

Work-related exposure

- Hearing
- Vision
- Lung Function
- Blood Pressure
- Fatigue

Well-being Checks

Lifestyle disease

- Cholesterol
- Blood Sugar
- BMI (Body Mass Index)
- Range of Motion

✓ On-site Convenience

✓ Immediate Results

Date: _____

Venue: _____

For more guidance, please reach out to your Manager or H&S Team.



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