

QUIZ

Test your First Aid knowledge with this quick quiz.

Answer **TRUE** or **FALSE** to each of the following statements.

<u>STATEMENT</u>	T or F
The aim of First Aid is to preserve life and prevent harm	
Attending a First Aid course is part of the 'Chain of Survival'	
Early recognition is a key link of the 'Chain of Survival'	
In any First Aid emergency situation the first priority is to send for help	
In the DRSABCD, the 'A' means Ambulance	
CPR should be performed at a ratio of 25:5	
If a casualty is responsive, there is no need to call an ambulance	
Using an AED will increase the chance of survival	
"Always check for a pulse" is another of the 'General Cares'	
999 is the emergency number in New Zealand	
'What is your phone number' is a question you will be asked by a 111 operator	
When making a 111 call, you should not hang up until the operator tells you to	
The letters AED stand for 'Ambulance Emergency Device'	
Healthy eating and exercise can lower your risk of a Heart Attack	
Stroke cannot be prevented	
Stroke can affect all ages	
The NZ Poisons Centre is available 24 hours a day, 7 days a week	
People who have severe allergies should have an Anaphylaxis Management Plan	
Pain in the chest, shoulder or jaw could be a sign of a heart attack	